

Rainbow Palace Daily Schedule for Infants

7:30-8:15 Breakfast for all children
8:15-8:30 free play/ changing
8:30-8:45 Morning meeting
8:45-9:00 Flash Cards
9:00-9:15 Sensory activities
9:20-9:35 Motor skill play
9:35-9:50 Circle time
10:05-10:20 wooden puzzles
10:20-10:50 Movement dance/ belly time
10:50-11:00 Hand wash
11:00-11:20 Lunch
11:20-11:30 Diapers changed
11:30-1:00 Nap time for all
1:00-1:15 Diapers change
1:15-1:30 Hands wash
1:30-1:50 Snack
1:50-2:05 Block time
2:05-2:20 Coloring time
2:20-2:40 Circle time
2:40-2:55 movement play/belly time
2:55-3:10 Sensory play
3:10-3:25 Wooden puzzle
3:25-3:45 Flashcard
3:45-4:00 free play
4:00-4:05 Hands wash
4:05-4:25 Snack
4:25-4:45 Diapers Change
4:45-5:30 Circle time/ dismissal